



The Advocate

CADV

Citizens Against Domestic Violence



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JANUARY IS STALKING AWARENESS MONTH

In January 2004, the National Center for Victims of Crime launched National Stalking Awareness Month (NSAM) to increase the public's understanding and awareness of the crime of stalking.

Stalking behaviors include: unwanted phone calls, unsolicited or unwanted emails, following or spying on the victim, showing up at places the victim is present, leaving unwanted items, like presents or flowers, posting information or spreading rumors about the victim in public or on the internet, or by word of mouth. Individually, these acts may not be criminal, however, collectively they are.

The cultivation of fear and results of induced trauma for the victim and their family members is studied and analyzed by the U.S. Department of Justice and published in the Supplemental Victimization Survey (SVS). Stalking is a crime in all 50 U.S. states, the District of Columbia, and U.S. Territories. In 2008, Missouri law expanded the definition of aggravated stalking, amended definitions to stalking crimes and changed the requirements and penalties for both. The definition of harassment was also expanded. In most cases, harassment victims do become fearful and that elevates the perpetrator's behaviors to the

threshold of stalking.

The expansion of definitions includes: 1) Harassment—the presence of stalking behaviors through any means of communication. Punishable as a class A misdemeanor, other conditions could elevate this punishment up to a Class D felony. 2) Stalking—the presence of stalking behaviors through any means of communication, which leave the victim fearful, after multiple counts of harassment. Punishable as a class A misdemeanor, other conditions could elevate this crime to a class D felony. 3) Aggravated Stalking—The presence of stalking criteria plus credible threats, violation of an order of protection, age conditions, or prior specific criminal convictions. Punishable as a class D felony, other conditions could elevate this up to a class C felony. The sentence after conviction of any of these crimes could be probation all the way up to life imprisonment.

Stalking is unlike most crimes because a course of conduct designed to create fear in another person does not necessarily require that the victim come into contact with the offender. SVS reports show that sixteen percent of male victims and ten percent of female victims were not even able to identify the gender of their stalker. When

identity of the offender is known, 21.5% of the time it is a former intimate partner, friend, roommate or neighbor.

Victims of stalking suffer a multitude of lasting effects including necessary relocation, loss of wages, loss of employment, diminished trust in themselves and others, and in some cases loss of life.

According to the SVS, the number one way to stop a stalker is to get law enforcement involved. If you or someone you know is a victim of stalking or harassment, contact local law enforcement and CADV. CADV can assist by providing safe shelter that the stalker will not have access to, legal advocacy and follow up with law enforcement, as well as professional counseling.

For complete versions of Missouri law visit: www.moga.mo.gov.

For assistance, contact CADV at (573)346-9630.

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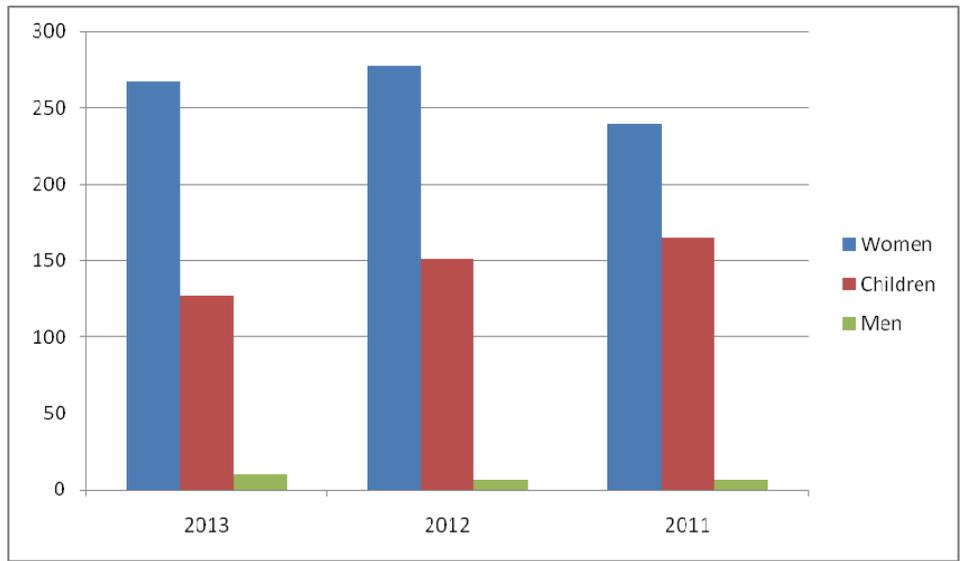
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A NOTE FROM THE DESK OF JULIE HARLAN, LEGAL PROGRAMS COORDINATOR

CADV Year in Review

In February, we opened the doors to the new shelter facility and subsequently set a record for the number of nights of shelter provided to victims of domestic and sexual violence. In 2013, CADV provided 3,311 bed nights of safe shelter. That is almost one thousand more nights of safe shelter provided than in the previous year. CADV provided first time services to 267 women, 127 children and 10 male victims of domestic and/or sexual violence. We answered 446 hotline calls for assistance, but had to turn away 14 victims due to overcrowding in the shelter. Shown, is a graph of the number of victims served during the last 3 years. It is unfortunate to see such staggering numbers, but a blessing that we are able to serve.



IN 2013: CADV provided **3,311** bed nights for women and children
 Answered **446** hotline calls
 Provided **920** hours of professional therapy
 Provided legal advocacy on **705** occasions

CADV responded to the hospital for **34** incidents of domestic violence and **15** incidents of sexual violence.

CADV provided services to **404** new victims and **614** ongoing victims.

THE COUNSELOR'S CORNER: COUNSELOR, EDUCATOR, ADVOCATE

With the close of 2013, our counseling program continued to grow. Thanks to the Neighborhood Assistance Program (NAP) Tax Credits, we are able to continue offering free counseling services for the next three years. In addition to continuing these services, we are now able to offer counseling to not only women but men and children victims of domestic and sexual violence.

In 2013, 100 victims sought counseling services from CADV/VOC for the first time. In addition, 33 new children were seen. I am pleased with seeing so many male children and am very thankful I can now add them to my services. If we are able to stop the cycle of

abuse we must start with children. They must know it is not ok to hurt others and be abusive. My goal with counseling male children is to let them know how to share their feelings and that it is ok to ask for help when they are having problems. If they can have a positive experience with me, my hope is in the future they will have positive relationships and get help if needed.

If you would like more information on how the 70% NAP Tax Credits could benefit your business, please contact CADV/VOC at (573) 346-9630. As of

print time, we have a little over \$17,000 in credits left.



"It is such a blessing, the way the community pulled together to help us provide Christmas for so many of our clients in need," Director, Angie Feine.

Volunteer Showcase

CADV would like to thank each and every person, group and organization that donated to our 2013 Christmas Program. The generous outpouring from the lake area community allowed us to provide to more families and children than ever before! We were able to assist over 130 people from 59 different families. The assistance included everything from

Christmas gifts to food boxes, and in some cases even delivery of items to the clients in need.

"This year I wanted to do something different. I wanted to get more people involved. It's important for everyone in the community to do their part to make this town great. We are in a special position as a thriving business with tremendous mem-

bers, so I knew we could really make a difference if we just planned ahead a bit and pulled everyone together," states one of our many generous donors.

Pat yourself on the back, lake area! You've changed a lot of lives and created Christmas memories that will last a lifetime. We thank you from the bottom of our hearts!

HOSPITAL ADVOCACY: EMPOWER VICTIMS, EMPOWER YOURSELF

“Hospital Advocacy can be a scary thing, but CADV trained and prepared me for what I might see, things to say and gave me the resources that I needed to pass on to victims! I give CADV my schedule and they work around my available days. All I have to do is be willing to answer my phone when on-call, and respond when someone is in need. There have been times when I have gotten 5 calls in a week, but there have also been times when I have only received one or two calls the entire month. One thing is for sure, when I do get that call I know my entire day is going to move in a positive direction because I get to help someone! When I get to the hospital whether it is a sexual assault or domestic violence, my only job is to give that person the resources available to them, be a listening ear and offer a smile. That adds up to a lot of hope for the victim! Being that source of hope for someone who is

completely hopeless, afraid and lost is an amazing feeling! I don't know the victims on a personal level and I don't ever really know the outcome of the situation after I leave. One thing I do know, when I walk into a room and see someone full of tears, fears and hopelessness, I can help. By the time they're being released I might see a smile or get a hug and have given a lot more help than they ever thought possible when they arrived at the hospital in the first place! That is a feeling that makes me continue to want to be a hospital advocate for CADV! So if you have time that you don't know what to do with, are willing to be on call for someone that is in desperate need, have a huge heart and want to fill someone with hope, contact Kellie at CADV about becoming a hospital advocate. You can give the gift of hope and possibly the gift of a lifetime, just by giving your time.”



Tiffany Maher, SART advocate. Tiffany responded to over 25% of the SART calls where CADV was requested to assist in 2013, along with multiple other areas of volunteer work.



FEBRUARY IS TEEN DATING VIOLENCE AWARENESS MONTH

PUPPY LOVE OR DOG FIGHT? A FOCUS ON TEEN DATING VIOLENCE

February is Teen Dating Violence Awareness Month. CADV has many resources available for those experiencing violence. One of our many resources is the presence of School Resource Officers on our local campuses. We would like to offer the following information from a direct service provider, Officer Joe Schierding, from the Camdenon Police Department, to the children and parents in our community.

Parents rarely believe their teen when they say they love their partner. You may find it hard to believe that studies have shown, one in three teens in the United States are a victim of physical dating violence. Not to mention one in four teens experience verbal, psychological, and sexual abuse.

Teen Dating violence can have a negative impact on a teen's self confidence and self esteem. It can cause them to believe that it is socially acceptable to participate in an unhealthy relationship. Teen Dating Violence has also been known to cause academic distress, which can cause a drop in grades. It can also lead to mental health concerns such as depression and anxiety. These concerns can eventually lead to suicide. As parents, teachers and SRO's, we have responsibilities, to the adolescents, to communicate and look for signs of teen dating violence. You may ask, "What are some of the signs, and what should I do?" Here are some red flags that educators and parents may want to be aware of:

1. Failing grades
2. Use of drugs/alcohol not for experimentation use
3. Isolation
4. Excusing the abuser's behavior
5. Low self esteem

Teen Dating Violence is a new concept and we still do not know all of the long term side effects. If you feel that your student or child is a victim of Teen Dating Violence and you need help, you should contact your local law enforcement agencies or CADV. By educating ourselves and being there for our children we can help break the cycle and help prevent Teen Dating Violence.



WHO WILL TAKE THE TROPHY FROM THE SCHULTZ'?

In 2013, Chris and LeAnn Schultz won the trophy for best chili at our 5th annual chili cook off! As we gear up for our 6th Annual Chili for Charity Cook-Off, the big question is who will win the trophy in 2014?

The traveling trophy is engraved each year with the winners' names and the winning team is asked to come

back the following year and defend their title.

If you are up to the challenge, the event will be hosted at Tan-Tar-A Resort on March 15, 11:00am to 3:00pm. Cost of chili entry is \$50. There will be cash prizes, as well as raffles, cash bar, live entertainment featuring Dale Blue and the annual CAKE WALK!

If eating is more your style,

you can sample all of the entries for a donation of \$7 for adults, \$5 for children, children 5 and under eat free!

You won't want to miss this event, as a spectator or competitor! Mark your calendars for March 15th. Contact CADV if you would like to sponsor this great event, with questions or for registration information (573)346-9630.

CADV

Citizens Against Domestic Violence

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BE THE CHANGE

Support Our Work, Support Safe Families

Make A Donation

If you liked our work and effort then please consider to make a kind donation thru PayPal or any Credit Card.



Providing advocacy services to victims of domestic and sexual violence in the lake area.

SCAN ME WITH
YOUR SMART
PHONE QR
READER



Wish List

- * Fabric Softener Sheets
- * Air Freshener
- * Paper Towels
- * HE Laundry Detergent
- * Kitchen Trash Bags
- * Toilet Paper
- * Razors
- * Feminine Hygiene Products
- * Gallon Freezer Bags
- * Dishwasher Detergent
- * Aluminum Foil, Plastic Wrap
- * Gift Cards, Gas Cards

BREAKING FREE FROM VIOLENCE: A SUCCESS STORY

Dear Staff at CADV,

When I arrived at CADV, I was a complete mess. I had been driving for more than 24 hours straight, had repeatedly vomited all over myself and had lost my voice so that I could not talk above a whisper. Although you had no referral for me, you opened your doors, took me in and gave me clean clothes and a hot shower so that I could begin to calm down before even asking my initial intake questions. On that day, I arrived in my pajamas with no other belongings other than my vehicle. I was very scared, had no family or friends to which I could go, very little money, and no idea what tomorrow would bring. To say that CADV was, and is, a God-send to me is not an exaggeration. Over the course

of the next 62 days, you helped to bring a dead woman back to life. You provided me with not just the basic necessities of shelter, food and clothing; but also with a firm foundation and caring support that I needed to move forward. I came as a stranger to you and left feeling as a family member. I can never thank you enough for what you did for me and continue to do every day— year after year, to help women escape abuse. Your services are invaluable. I love you and will remain grateful to each of you forever. Thank you so very, very much!

Anonymous CADV Resident

December 2013

